



R.I Club No: 85847 : Date of Charter : 26.05.2014 : Meeting Day : Saturday, Time : 7 pm, Meeting Venue : "Danica", 4th Floor, 37, Ballygunge 1st Lane, Kolkata – 700019, President: Rtn. Anita Bagaria, Secretary: Rtn. Ruby Ray, Editor: Rtn. Srabonee Mitra

Rotary International President's Message for the Month of December



FRANCESCO AREZZO
President, Rotary International

This month's special issue of Rotary magazine is all about happiness, that most elemental of human yearnings. More than a feeling, though, this state of positive well-being, and the conditions necessary to create and sustain it, should be considered a universal right.

December also marks Rotary's Disease Prevention and Treatment Month, when we highlight our members' work to promote health and wellness, including mental wellness. Globally, nearly 1 in 7 people have a mental health disorder, according to a recent World Health Organization report. Yet only 9 percent of people with depression receive adequate treatment.

We are fortunate in Rotary to have a powerful way to support emotional well-being and happiness: friendship. The connections we build in Rotary can be a powerful force for change. I know this from personal experience.

When my fellow members first proposed that I become club president, I demurred. I had a stutter. I was terrified of speaking.

But having club members who supported me and surrounded me with affection enabled me to face my fear, and I found a way to stand confidently before a crowd.

Today, I regularly address audiences — some numbering in the thousands — in a language that is not native to me. The Rotary members in my life helped me create lasting change within myself.

That fellowship gives us the courage and means to create lasting change in the world as well, and mental health services are in desperate need of improvement. The WHO reports that governments on average devote only 2% of their health budgets to mental health, and only 11 percent of that funding reaches community-based services. In some countries, only one trained mental health professional is available for every 100,000 people. The WHO has called for strategic and urgent action to close the gap.

Rotary can answer that call by championing mental health awareness in our clubs, working with local health systems, funding training for community health workers, and supporting initiatives that bring care to places where none exists.

Even small investments in mental health yield enormous returns in productivity, public health, and happiness.

While we are creating lasting change in the world, we cannot forget to take care of each other. Past RI President Gordon

McNally wisely reminds us that we must go beyond asking, “How are you?” We owe it to each other to instead ask, “How are you really?” As we transition to a new year filled with new possibilities, let us Unite for Good — for healing, friendship, and access to happiness.

Sewing Machines & Wheel Chairs Distribution



The Regular Meeting of RC Calcutta Samaritans was followed by Teachers’ Day Celebration on 13th September, 2025 through felicitations of the members who are education fields and Birthday of Rtn. Vaijayanti Bose.

“Rendezvous”



2nd Presidents, Secretaries, Assistant Governors (Admn), Zonal Secretaries Meet held on 10th December, 2025 at Rotary Sadan from 6.00 PM onwards. District Governor Rtn. Dr. Ramendu Homchaudhury highlighted the following points:

- # Register in bulk for the District Conference “Ramdhanu” to be held on 10th & 11th January, 2026 at Nicco Park, East Pavilion.
- # Bring more members from the club.
- # Energise and motivate teams for maximum participation.

Rotary Foundation Seminar 2025



Rotary Foundation Seminar 2025 was held on 27th November, 2025 at Spring Club from 6.00 PM. The key note speakers in this event were Rtn. Ashok Mahajan, Past Rotary International Director & Trustee and Mr. Leander Paes, Padma Bhushan & Olympian.

Meet & Greet 2025 – Melbandhan



Rtn. Tapas Bhattacharya, District Governors 2026-2027 invited the Rotarians in his first event Meet & Greet 2025 – Melbandhan. Rtn. Srabonee Mitra and Rtn. Ruby Ray from our club participated in this event.

**UNITE
FOR
GOOD**